

## **Project Title**

SingHealth Virtual Allied Health Day 2022

## **Project Lead and Members**

- Hozarifah Hosain
- Jeanaline Fan
- Mayamin Muzmil

## **Organisation(s) Involved**

SingHealth HQ

## **Healthcare Family Group(s) Involved in this Project**

Allied Health

## **Applicable Specialty or Discipline**

Medical Social Worker, Nutrition & Dietetics, Patient Service Associate, Occupational Therapy, Physiotherapy, Psychology, Respiratory Therapy, Speech Therapy

## **Aims**

To show appreciation to the AH staff for their tireless efforts, strength and courage.

## **Background**

See poster appended/ below

## **Methods**

See poster appended/ below

## **Results**

See poster appended/ below

**Conclusion**

See poster appended/ below

**Project Category**

Organisational Leadership

Human Resource, Staff Wellbeing, Staff Recognition

**Keywords**

Virtual Event, Celebration, Wellbeing, Recognition

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Singapore Healthcare Management 2022

# SingHealth Virtual Allied Health Day 2022

#ActiveHappyPals

Hozarifah Hosain, Jeanaline Fan, Mayamin Muzmil  
SingHealth HQ



## Celebrating SingHealth Allied Health Day

The SingHealth Allied Health (AH) Day is an annual event that celebrates and recognises the dedication and good work of the AH community in SingHealth. Each year, AH colleagues from across the cluster would gather to participate in games and activities, and this would be an opportunity to also catch up with one another and have fun together.

Due to the COVID pandemic, physical events were not allowed. However, recognising that it was even more important at such challenging times to show appreciation to the AH staff for their tireless efforts, strength and courage, the team had to transition towards planning a virtual event that continues to be engaging and fun.



### Planning

The theme for the celebration was *Active Happy Pals* a reference to the first letters of *Allied Health Professionals*. Besides the wordplay, the theme reflects the efforts and contributions of AH colleagues in bringing comfort and hope to patients, while acknowledging the importance of the AH community being a group of “Happy Pals” – that all staff have a sense of fulfilment, enjoy good camaraderie, and thrive as individuals.

A virtual fitness park was launched leading up to the main celebration, and had several features to be explored.



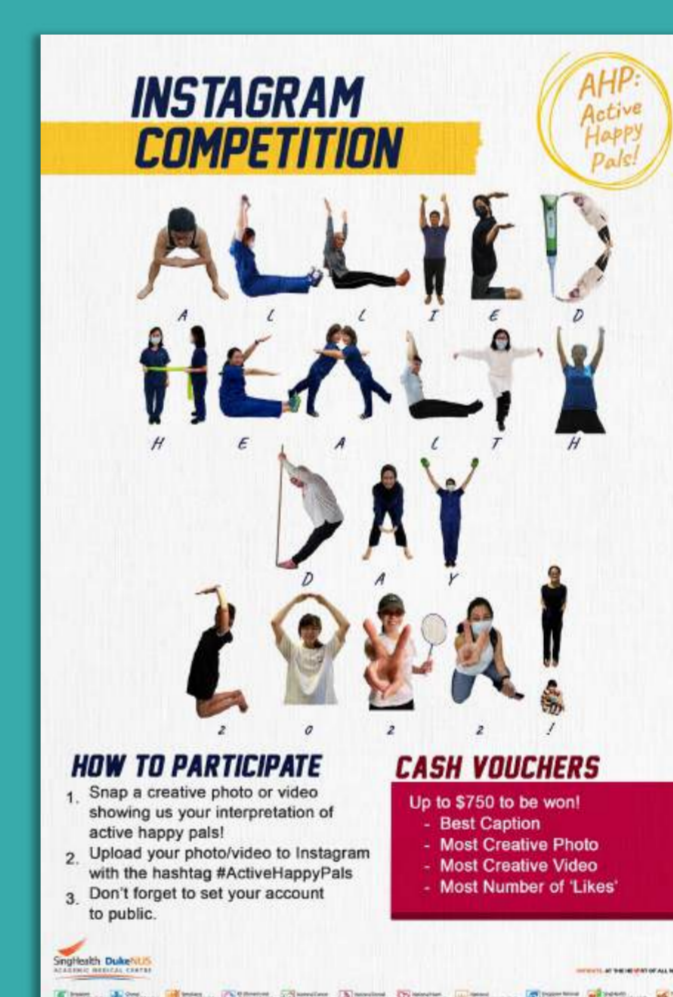
### Event Highlights

**703** Allied Health staff from across SingHealth attended the virtual event.



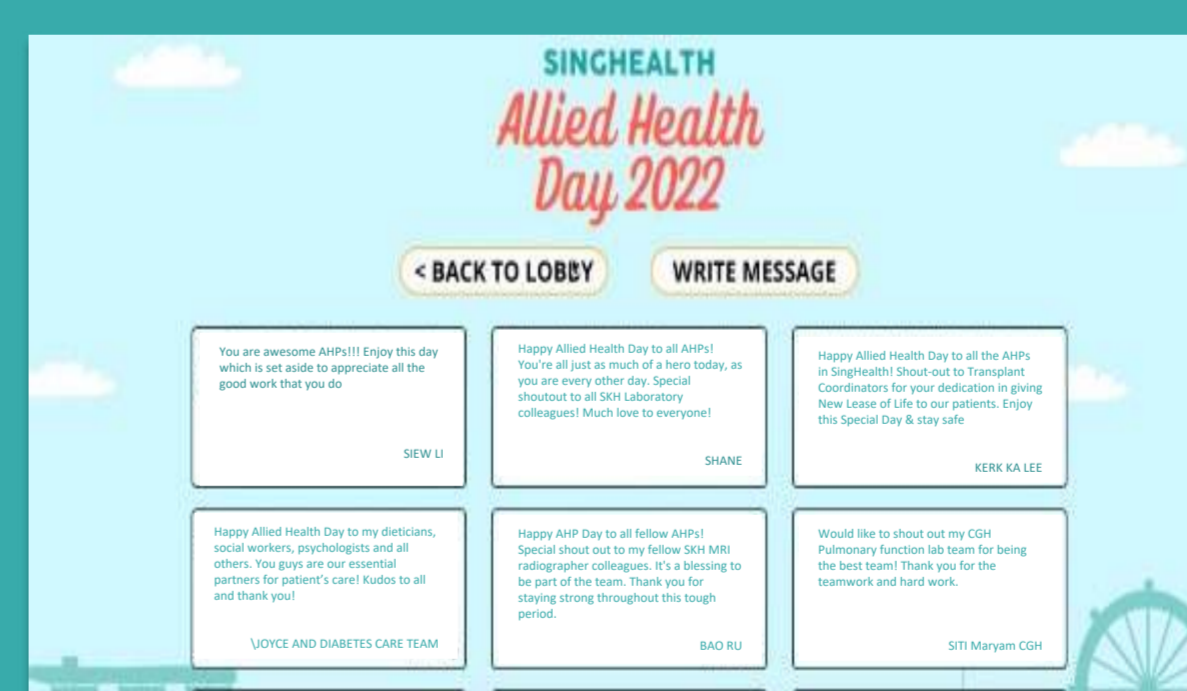
**5900** sets of appreciation gifts related to staying active were distributed to all Allied Health staff.

**30** teams joined the Instagram competition vying for the most creative video and photo prizes.



**15** submissions were received for the “Tik Tok Fitness Challenge” as a lead up to the event.

**42** messages of encouragement and appreciation were also penned down on the message wall.



**203** staff were captured in 91 photos taken at the photo booth, and compiled into a digital mosaic.



### Conclusion

With the encouraging turnout and active participation observed, it is evident that virtual events could be engaging and fun as well. Recognition and appreciation events should continue despite the pandemic, and a virtual mode of celebration may be a feasible option to be considered.