

### **Project Title**

Virtual Healthcare World - Bring Your Kids To Work

### **Project Lead and Members**

- Jean Thee Suh Ching
- Clara Lin Xiaohui
- Jasmine Pek

### **Organisation(s) Involved**

SingHealth Community Hospitals

### **Healthcare Family Group(s) Involved in this Project**

Healthcare Administration, Medical, Nursing, Pharmacy

### **Applicable Specialty or Discipline**

All

### **Aims**

- Foreign staff have an opportunity to stay connected with their kids in their hometown even if they're in Singapore.
- Strengthen kids' relationship with their parents through bonding games and understand more in depth what their parent does at the workplace.
- Build inter departmental relationship and foster Collaboration as they work jointly to bring meaningful learning sessions for kids

### **Background**

See poster appended/ below

### **Methods**

See poster appended/ below

**Results**

See poster appended/ below

**Conclusion**

See poster appended/ below

**Project Category**

Organisational Leadership

Human Resource, Staff Wellbeing, Staff Engagement

Care Continuum

Population Health. Mental Health, Preventive Care, Health Promotion,

**Keywords**

Family, Wellbeing, Children, Parent, Bonding

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Human Resource

# VIRTUAL HEALTHCARE WORLD - BRING YOUR KIDS TO WORK (BYKTW)

## BACKGROUND



Bring Your Kids to Work (BYKTW) is a 1 day programme in the office during school holidays. It allows children of staff to get to know what their parent do at work through, experience our hospital culture, and enjoy activities as a group physically.

Coronavirus hit the world in 2020 and resulted in travel restrictions and border shutdowns globally. Our foreign staff were affected as they could not return to their hometown to meet their family physically.

Hence, we converted our physical BYKTW onto the virtual platform. This allow both local and overseas children to participate. For our foreign staff it is also avenue for their kids to better appreciate their parent work through a series of fun game activities.

## 01 AIMS



### CONNECT

Foreign staff have an opportunity to stay connected with their kids in their hometown even if they're in Singapore.



### BUILD

Strengthen kids' relationship with their parents through bonding games and understand more in-depth what their parent does at the workplace

### COLLABORATE

Build inter-departmental relationship and foster Collaboration as they work jointly to bring meaningful learning sessions for kids

## 03 RESULT

### 1st SingHealth Institution to pilot the VIRTUAL FAMILY PROGRAMME

during covid period with involvement from 5 professional domains from our three community hospitals.

#### REGISTRATION DATA RECORDS UPDATE

Profession	Number of Parent	Details
Admin	5	No. of Parent with 1 kid: 13 No. of Parent with 2 kids: 6 No. of Parent with 3 kids: 2
Nursing	6	
AHP	7	
IT	1	
Support & Ancillary Staff	2	
Total number of Parent		21



Parents Sign-up **21**

## 02 METHODOLOGY

### INITIATE

Review traditional setting of the event to allow foreign staff to stay connected with kids residing overseas



### PROPOSAL & SCOPING

Prepare and propose the use of virtual setting & content specification needs



### DEVELOPMENT

We identified 12 interaction sessions (Virtual Experience & Interactive Live Streaming) & involved 5 professional domains from our 3 hospitals to deliver the programme

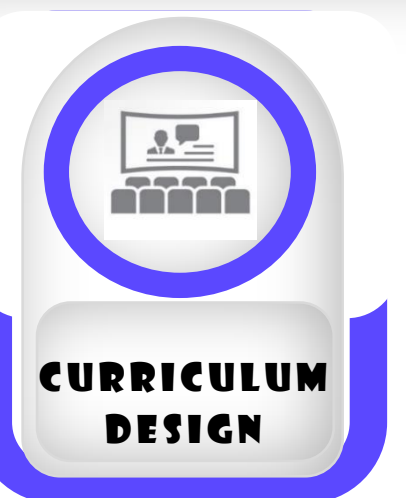
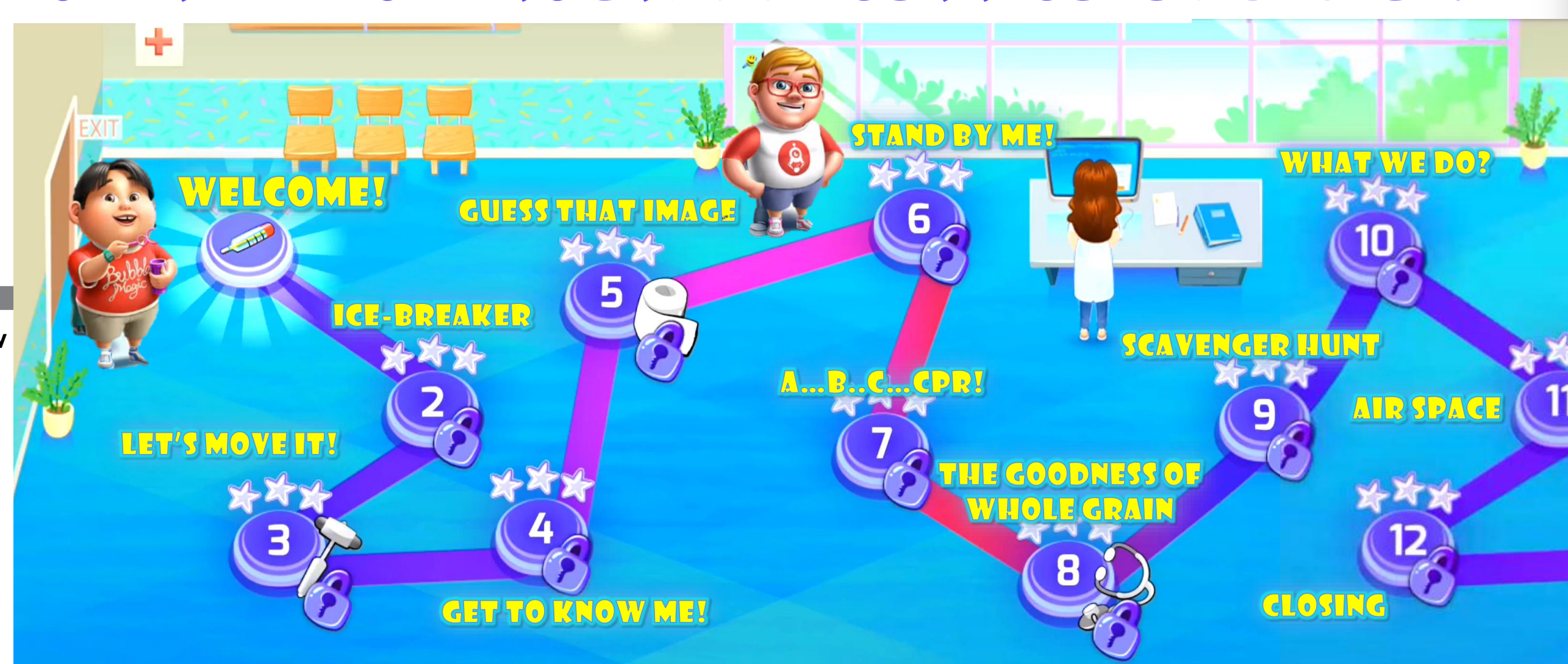


### IMPLEMENTATION

Addressed possible activity issues based on past participants' feedback and shared with the team on how to enhance activities content and execution work.



### OVERVIEW OF PROGRAMME CURRICULUM DESIGN:



- ✓ Puppets Theatre Show
- ✓ Live Exercise
- ✓ Nutrition Talk
- ✓ Medical Training
- ✓ Rehab & Nursing Educational Videos
- ✓ Games With Kids

- Activity Mode
- Live Interaction
  - Role Play
  - Video Play
  - Tutorial Slides

### KIDS DEMOGRAPHIC

We had overseas participation with kids from Philippines(9), India(1) & Singapore(18) who joined our virtual day of fun.

REGISTERED KIDS **31**

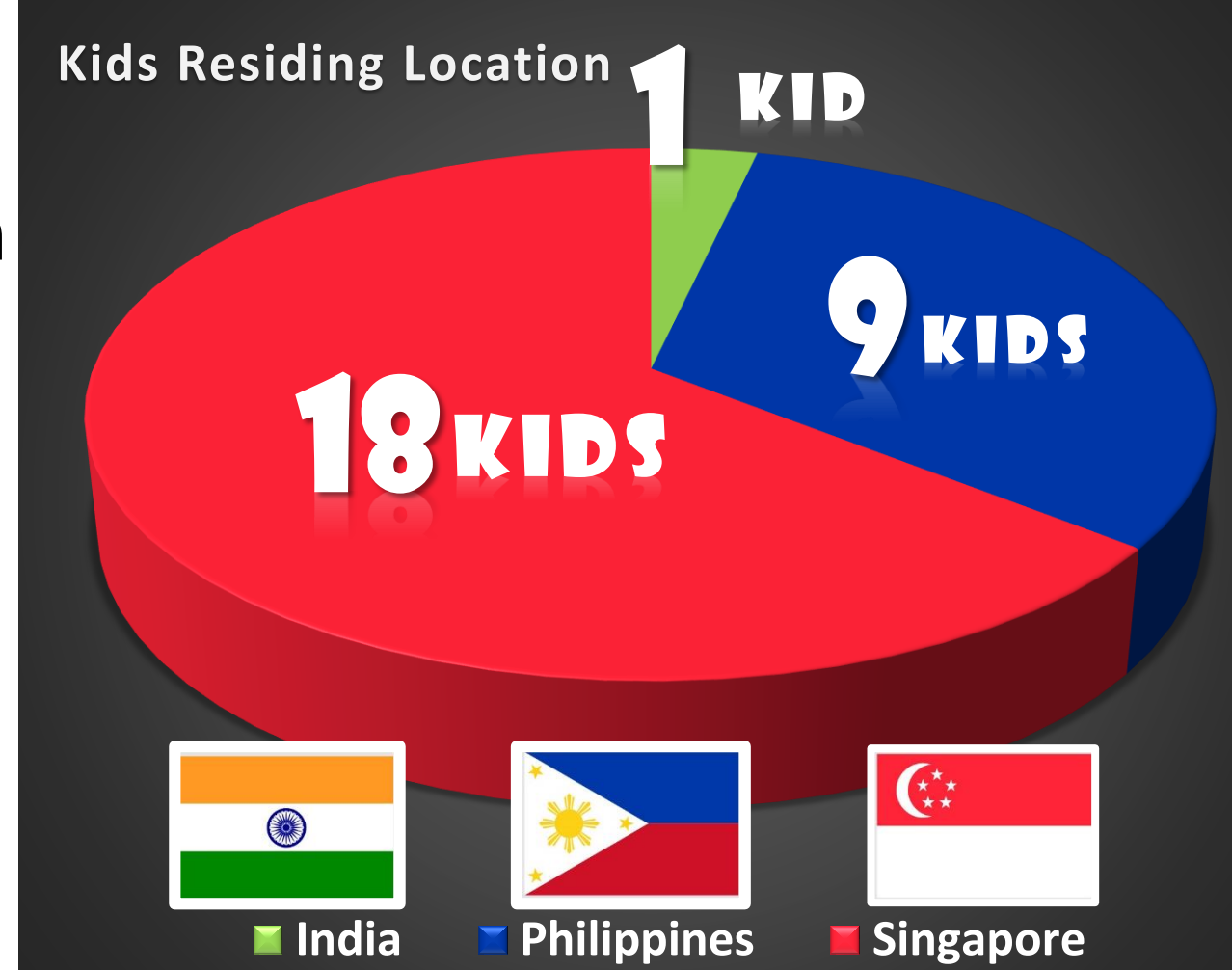
Kids Within Age range (6years - 11 years) **23**

Kids out of Age Range **5**

ACTUAL KIDS ATTENDANCE **28**

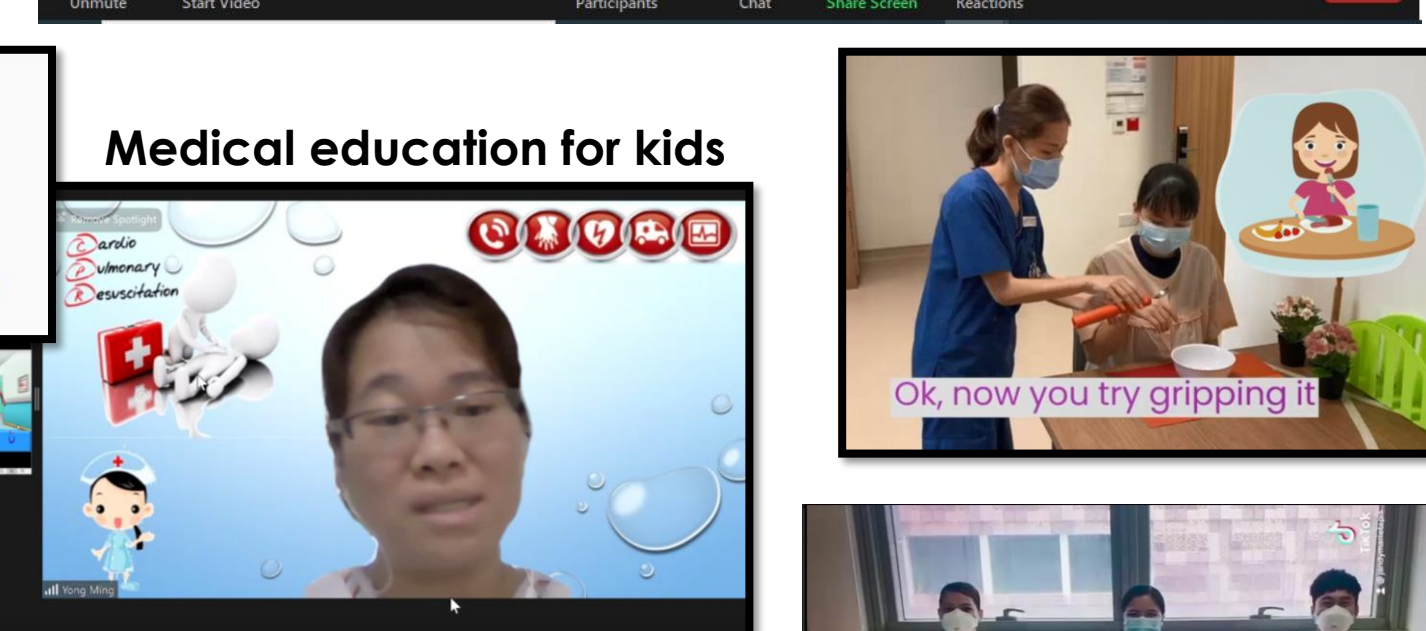
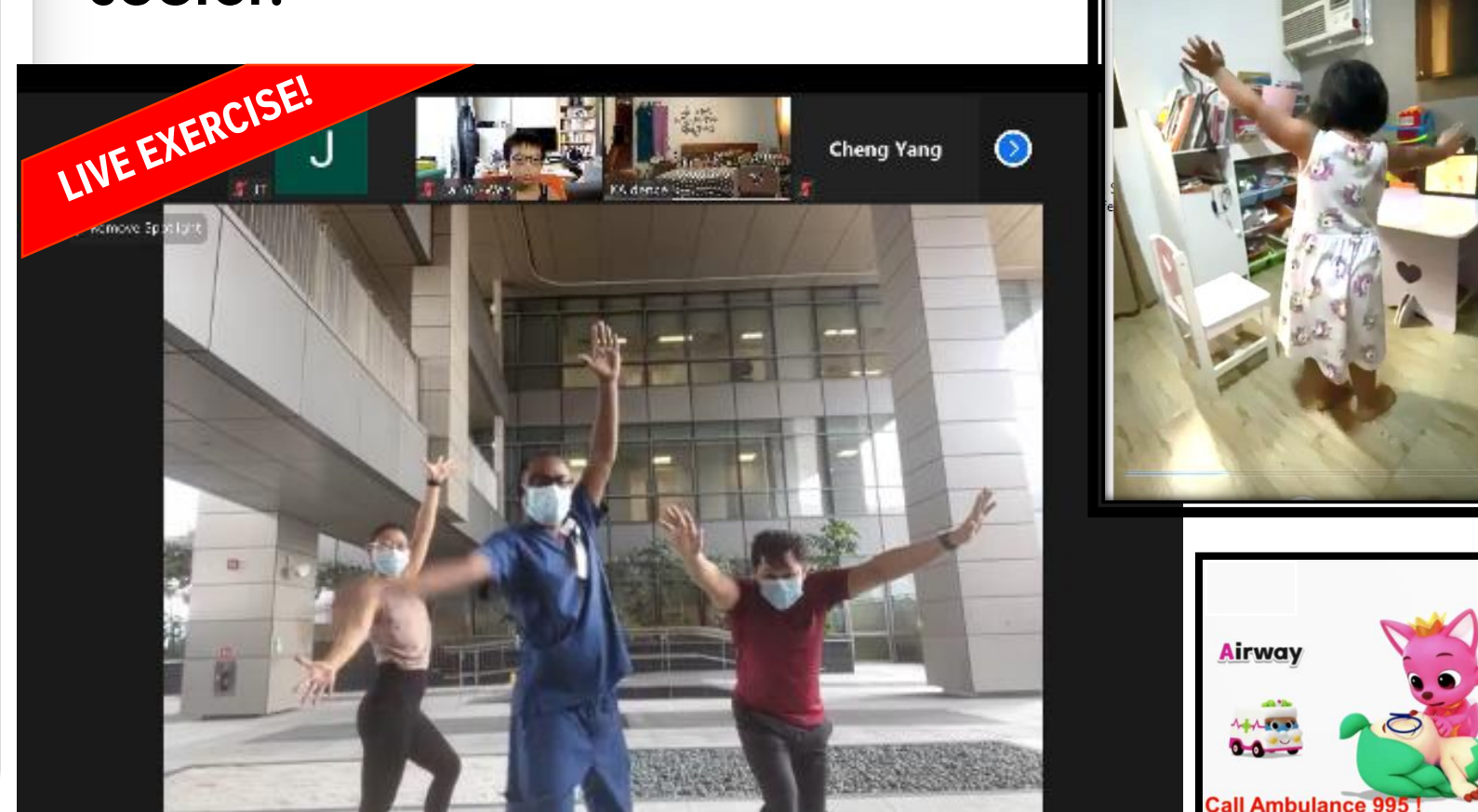
Total numbers of kids **28**

Youngest: 2 years Oldest: 16 years



Although we executed this programme during crisis period, sign up rate had increased by 210% in year 2021 compared to years 2018-2019 with 10 kids who participated in the physical events.

The kids learned about healthcare work together with their parents over zoom, which could also have heightened their interest in the healthcare sector.



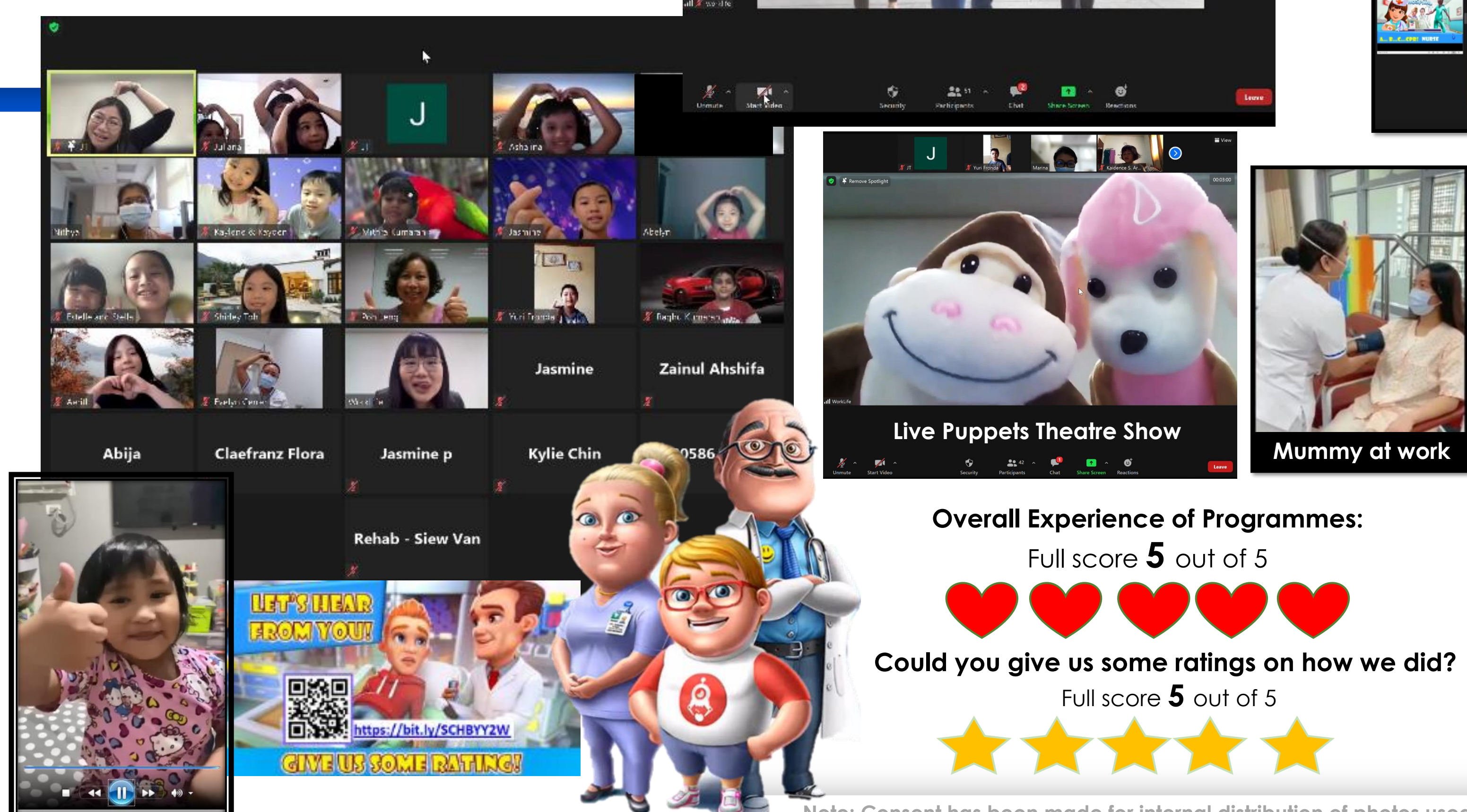
To understand how nurses do to defeat COVID-19

## 04 CONCLUSION

The programme brought happiness to the homes of our staff's families - filled up with happy photos and joy, having had a chance to make new friends from overseas.

Many parents shared that the programme was engaging and was meaningful for the kids. They shared that this was what the family needed at the time and kids are looking forward to this annual BYKTW day. The kids rated high scores for overall programme experience.

We did not let the COVID-19 pandemic stop us from organising this event. Instead, we did so via the online platform. Having this event helped to promote positivity and allowed our colleagues and their families to bond with one another during these difficult times.



Overall Experience of Programmes:

Full score 5 out of 5

Could you give us some ratings on how we did?  
Full score 5 out of 5



A unique digital SCH Passport was specially created as an appreciation gift for the kids, along with prizes for games.